

Primary School Age Child

Urban

Weekly Individualised Expenditure

Mar 2011

Food (OP Household)	€	34.01
Fruit & Vegetables	€	8.30
Groceries	€	11.16
Meat	€	10.13
Milk & Bread	€	4.42
Other	€	-
Clothing	€	6.71
Clothes	€	5.08
Footwear	€	1.59
Accessories	€	0.04
Personal Care	€	2.68
Personal Hygiene	€	2.68
Cosmetics	€	-
Health	€	2.60
Over the counter items	€	0.20
Health care services	€	2.40
Household Goods	€	4.24
Furnishings	€	1.40
Appliances	€	-
Kitchen items	€	-
Cleaning & maintenance	€	2.71
Miscellaneous items	€	0.13
Household Services	€	-
Communications	€	-
Social Inclusion & Participation	€	14.94
Toys	€	4.35
Newspapers, Books & Magazines	€	-
Household Items	€	0.02
Holiday	€	2.74
Exercise / Sport Activities	€	5.07
Family Outings	€	2.76
Parents' Socialising	€	-
Pet	€	-

Food (TP Household)	€	28.43
Fruit & Vegetables	€	7.31
Groceries	€	17.66
Meat	€	0.84
Milk & Bread	€	1.69
Other	€	0.92
Education	€	6.09
Uniforms	€	1.95
Books, Stationary, etc.	€	3.41
Computer Equipment	€	-
Other Education Costs	€	0.73
Transport (Public)	€	2.66
Transport (Private)	€	-
Household Energy	€	-
Electricity	€	-
Heating	€	-
Personal Costs		
Scenario 1	€	-
Scenario 2	€	-
Scenario 3	€	-
Childcare		
Scenario 1	€	12.91
Scenario 2	€	51.64
Insurance	€	5.30
Home Contents	€	-
Health	€	5.30
Car	€	-
Savings & Contingencies	€	5.00

Primary School Age Child

Urban

Food - One Parent Household

Mar 2011

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Fruit & Vegetables							
Apples	1kg bag	Tesco brand	Tesco	€ 1.99	1	1 Week	€ 0.78
Bananas	1kg bag	Tesco brand	Tesco	€ 0.99	1	1 Week	€ 0.39
Cabbage		Tesco brand	Tesco	€ 0.89	1	1 Week	€ 0.35
Carrots	1kg bag	Tesco brand	Tesco	€ 1.58	1	1 Week	€ 0.62
Cauliflower		Tesco brand	Tesco	€ 1.49	1	1 Week	€ 0.58
Cucumber		Tesco brand	Tesco	€ 0.99	1	1 Week	€ 0.39
Frozen bag of broccoli	1kg bag	Tesco brand	Tesco	€ 1.79	1	2 Weeks	€ 0.35
Frozen bag of peppers	500g bag	Tesco brand	Tesco	€ 1.27	1	3 Weeks	€ 0.16
Lettuce		Tesco brand	Tesco	€ 0.99	1	1 Week	€ 0.39
Mushrooms	250g tray	Tesco brand	Tesco	€ 0.99	1	2 Weeks	€ 0.19
Onions	1kg bag	Tesco brand	Tesco	€ 0.79	1	2 Weeks	€ 0.16
Oranges	1kg bag	Tesco brand	Tesco	€ 1.29	1	1 Week	€ 0.50
Pears		Tesco brand	Tesco	€ 0.37	6	1 Week	€ 0.87
Peas	420g	Tesco brand	Tesco	€ 0.46	2	1 Week	€ 0.36
Potatoes	7kg bag	Tesco brand	Tesco	€ 5.99	1	2 Weeks	€ 1.17
Sultanas	375g	Tesco brand	Tesco	€ 1.09	1	2 Weeks	€ 0.21
Sweetcorn	325g	Tesco brand	Tesco	€ 0.37	1	1 Week	€ 0.14
Tomatoes		Tesco brand	Tesco	€ 0.15	6	1 Week	€ 0.35
Turnip		Tesco brand	Tesco	€ 0.89	1	1 Week	€ 0.35
Groceries							
Beans	420g	Tesco brand	Tesco	€ 0.38	2	1 Week	€ 0.30
Cake	550g	Apple Pie	Tesco	€ 2.19	1	1 Week	€ 0.85
Cheese	200g	Tesco singles	Tesco	€ 0.99	1	1 Week	€ 0.39
Coffee	200g	Maxwell House	Tesco	€ 5.69	1	6 Weeks	€ 0.37
Cooking oil	1 litres	Tesco brand	Tesco	€ 0.95	2	4 Weeks	€ 0.19
Corn beef	8 slices	Denny	Tesco	€ 1.85	1	1 Week	€ 0.72

Primary School Age Child

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Food - One Parent Household

Mar 2011

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Cream crackers	200g packet	Tesco brand	Tesco	€ 0.28	1	2 Weeks	€ 0.05
Diluted juice	1 litre	Tesco brand	Tesco	€ 0.89	1	1 Week	€ 0.35
Eggs	12	Tesco brand	Tesco	€ 1.50	1	2 Weeks	€ 0.29
Fish fingers	600g box	Tesco 100% cod	Tesco	€ 3.45	1	2 Weeks	€ 0.67
Flora light	1 kg tub	Flora	Tesco	€ 3.10	1	3 Weeks	€ 0.39
Flour	1 kg bag	Shamrock	Tesco	€ 0.82	1	4 Weeks	€ 0.08
Frozen Oven chips	1.5 kg bag	Tesco brand	Tesco	€ 1.99	1	3 Weeks	€ 0.26
Gravy	270g tin	Bisto	Tesco	€ 1.76	1	6 Weeks	€ 0.11
Ham	8 slices	Tesco brand	Tesco	€ 1.19	1	1 Week	€ 0.46
Hot chocolate	500g jar	Cadburys	Tesco	€ 1.35	1	8 Weeks	€ 0.07
Ice-cream	1 litre tub	Tesco brand	Tesco	€ 1.79	1	3 Weeks	€ 0.23
Jam (strawberry)	454g jar	Tesco brand	Tesco	€ 0.99	1	4 Weeks	€ 0.10
Jelly (strawberry)	135g pack	Tesco brand	Tesco	€ 0.49	1	1 Week	€ 0.19
Low-fat yoghurts	125g	Tesco brand	Tesco	€ 0.14	12	1 Week	€ 0.66
Mayonnaise	700ml	Tesco brand	Tesco	€ 2.49	1	6 Weeks	€ 0.16
Orange juice	1 litres	Tesco brand	Tesco	€ 0.59	2	1 Week	€ 0.46
Pasta sauce	320g jar	Dolmio	Tesco	€ 1.49	1	1 Week	€ 0.58
Penguin bars	pack of 9	Mc Vites	Tesco	€ 1.49	1	1 Week	€ 0.58
Pepper	25g	Tesco brand	Tesco	€ 0.45	1	26 Weeks	€ 0.01
Red sauce	570g	Tesco brand	Tesco	€ 0.73	1	4 Weeks	€ 0.07
Rice Krispies	600g box	Kelloggs	Tesco	€ 3.28	1	2 Weeks	€ 0.64
Salmon	212g	Tesco brand	Tesco	€ 0.86	1	1 Week	€ 0.34
Salt	1kg	Tesco brand	Tesco	€ 0.40	1	26 Weeks	€ 0.01
Spaghetti	1kg bag	Tesco brand	Tesco	€ 0.78	1	3 Weeks	€ 0.10
Sugar	1kg bag	Tesco brand	Tesco	€ 1.05	1	17 Weeks	€ 0.02
Tea bags	80 bags	Tesco brand	Tesco	€ 0.85	1	3 Weeks	€ 0.11
Tinned Tomatoes	400g tin	Tesco brand	Tesco	€ 0.29	1	1 Week	€ 0.11

Primary School Age Child

Urban

Food - One Parent Household

Mar 2011

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Tuna	185g	Tesco brand	Tesco	€ 0.89	1	1 Week	€ 0.35
Vinegar	568ml	Tesco brand	Tesco	€ 0.49	1	17 Weeks	€ 0.01
Weetabix	Box of 24	Weetabix	Tesco	€ 2.25	1	1 Week	€ 0.88
Meat							
Bacon (shoulder)	1 kg	Tesco brand	Tesco	€ 4.44	1	1 Week	€ 1.73
Chicken fillets	6		Local butchers	€ 7.50	1	1 Week	€ 2.92
Mince	500g	Tesco brand	Tesco	€ 3.15	1	1 Week	€ 1.23
Pork chops	3		Local butchers	€ 3.75	1	1 Week	€ 1.46
Rashers	6 pack	Tesco brand	Tesco	€ 2.49	1	1 Week	€ 0.97
Sausages	454g pack	Tesco brand	Tesco	€ 1.40	1	1 Week	€ 0.55
Stewing meat	500g	Tesco brand	Tesco	€ 3.25	1	1 Week	€ 1.27
Milk & Bread							
Brown bread	800g	Brennans	Tesco	€ 1.33	3	1 Week	€ 1.56
Brown bread rolls	pack of 6	Hovis wholemeal	Tesco	€ 1.25	1	1 Week	€ 0.49
Full-fat milk	2 litres	Tesco brand	Tesco	€ 1.19	2	1 Week	€ 0.93
Low-fat milk	2 litres	Tesco brand	Tesco	€ 1.19	2	1 Week	€ 0.93
White bread	800g	Brennans	Tesco	€ 1.33	1	1 Week	€ 0.52
Male Total							€ 34.01

Primary School Age Child

Urban

Food - Two Parent Household

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Fruit & Vegetables						
Apples	1kg bag	Local veg shop	€ 1.99	1	1 Week	€ 0.48
Bananas	1kg bag	Local veg shop	€ 0.99	1	1 Week	€ 0.24
Cabbage	Tesco brand	Tesco	€ 0.79	1	1 Week	€ 0.23
Carrots	1kg bag	Tesco brand	€ 1.58	1	1 Week	€ 0.13
Cauliflower	Tesco brand	Tesco	€ 1.49	1	1 Week	€ 1.13
Cucumber	Tesco brand	Tesco	€ 0.99	1	1 Week	€ 0.30
Frozen bag of broccoli	1kg bag	Tesco brand	€ 1.79	1	2 Weeks	€ 0.19
Frozen peppers	500g pack	Tesco brand	€ 1.27	1	2 Weeks	€ 0.53
Lettuce	1 head	Tesco brand	€ 0.99	1	1 Week	€ 0.38
Mushrooms	250g tray	Tesco brand	€ 0.99	1	2 Weeks	€ 0.36
Onions	1kg bag	Tesco brand	€ 0.79	1	2 Weeks	€ 0.48
Oranges	1kg bag	Local veg shop	€ 1.20	1	1 Week	€ 1.22
Parsnips	Tesco brand	Tesco	€ 0.32	2	1 Week	€ 0.09
Pears	Tesco brand	Tesco	€ 0.37	8	1 Week	€ 0.35
Peas (frozen)	1kg bag	Tesco brand	€ 2.35	1	2 Weeks	€ 0.22
Potatoes	10kg bag	Roosters	€ 6.99	1	2 Weeks	€ 0.12
Sultanas	375g	Tesco brand	€ 1.09	1	1 Week	€ 0.18
Sweetcorn	325g tin	Tesco brand	€ 0.37	1	1 Week	€ 0.02
Tomatoes	Tesco brand	Tesco	€ 0.15	8	1 Week	€ 0.43
Turnips	Tesco brand	Tesco	€ 0.89	1	1 Week	€ 0.24
Groceries						
Beans	420g tin	Tesco brand	€ 0.38	3	1 Week	€ 0.09
Biscuits	300g	Tesco rich tea	€ 0.52	1	1 Week	€ 0.22
Cake	550g	Apple Pie	€ 2.19	1	1 Week	€ 0.14
Cheese	200g	Tesco singles	€ 0.99	2	1 Week	€ 0.24
Coco	250g tin	Cadburys	€ 2.79	1	8 Weeks	€ 0.42

Primary School Age Child

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Food - Two Parent Household

Mar 2011

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Coffee	200g jar	Maxwell house	Tesco	€ 5.69	1	4 Weeks	€ 0.37
Coleslaw	500g tub	Tesco brand	Tesco	€ 1.89	1	1 Week	€ 0.05
Cooking oil	1 litre	Tesco brand	Tesco	€ 0.95	1	2 Weeks	€ 0.23
Corn flakes	750g box	Kelloggs	Tesco	€ 3.09	1	2 Weeks	€ 0.78
Cream crackers	200g	Tesco brand	Tesco	€ 0.28	1	2 Weeks	€ 0.16
Crisps	Multi-pack 18	Tesco multipack	Tesco	€ 3.49	1	2 Weeks	€ 0.17
Curry powder	80g tub	Tesco brand	Tesco	€ 1.49	1	4 Weeks	€ 0.72
Diluted orange	1 litre	Tesco brand	Tesco	€ 0.89	1	1 Week	€ 0.11
Dried apricots	125g	Tesco brand	Tesco	€ 1.25	1	1 Week	€ 0.29
Eggs	24	Tesco brand	Tesco	€ 1.50	1	3 Weeks	€ 0.22
Fish fingers	600g box	Tesco 100% cod	Tesco	€ 3.45	1	2 Weeks	€ 0.53
Flora light	1kg tub	Flora	Tesco	€ 3.01	1	2 Weeks	€ 0.06
Flour	1kg bag	Shamrock	Tesco	€ 0.82	1	4 Weeks	€ 0.24
Frozen fish (cod)	450g pack	Tesco brand	Tesco	€ 3.19	1	1 Week	€ 0.24
Fruit cocktail	410g	Tesco brand	Tesco	€ 0.73	2	1 Week	€ 1.01
Gravy	270g box	Bisto	Tesco	€ 1.79	1	4 Weeks	€ 0.55
Ham	8 slices	Tesco brand	Tesco	€ 1.19	1	1 Week	€ 0.35
Ice-cream	1 litre tub	Tesco brand	Tesco	€ 1.79	1	2 Weeks	€ 0.08
Jam (strawberry)	454g jar	Tesco brand	Tesco	€ 0.99	1	4 Weeks	€ 0.15
Jelly (strawberry)	135g	Tesco brand	Tesco	€ 0.49	2	1 Week	€ 1.22
Low-fat yoghurts	125g	Tesco brand	Tesco	€ 0.14	16	1 Week	€ 0.12
Marmalade	454g jar	Tesco brand	Tesco	€ 1.37	1	4 Weeks	€ 0.12
Mayonnaise	700ml bottle	Tesco brand	Tesco	€ 2.49	1	4 Weeks	€ 0.10
Noodles	65g	Tesco chicken	Tesco	€ 0.15	4	1 Week	€ 0.29
Orange juice	1 litre	Tesco brand	Tesco	€ 0.59	2	1 Week	€ 0.30
Oven chips	1.5 kg bag	Tesco brand	Tesco	€ 1.99	1	2 Weeks	€ 0.24
Pasta sauce	320g jar	Dolmio	Tesco	€ 1.49	1	1 Week	€ 0.11

Primary School Age Child

Urban

Food - Two Parent Household

Mar 2011

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Penguin bars	pack of 9	Mc Vites	Tesco	€ 1.49	1	1 Week	€ 0.36
Pepper	25g	Tesco brand	Tesco	€ 0.45	1	26 Weeks	€ 0.72
Red sauce	570g bottle	Tesco brand	Tesco	€ 0.75	1	4 Weeks	€ 0.29
Rice	1kg box	Tesco brand	Tesco	€ 0.89	1	3 Weeks	€ 0.36
Rice Krispies	600g box	Kelloggs	Tesco	€ 3.28	1	1 Week	€ 0.00
Salmon (tinned)	212g	Tesco brand	Tesco	€ 0.86	2	1 Week	€ 0.69
Sea Salt	700g	Tesco brand	Tesco	€ 1.23	1	26 Weeks	€ 0.85
Spaghetti	1kg bag	Tesco brand	Tesco	€ 0.78	1	2 Weeks	€ 0.61
Spaghetti hoops	410g tin	Tesco brand	Tesco	€ 0.48	1	1 Week	€ 0.05
Sugar	1kg bag	Tesco brand	Tesco	€ 1.05	1	13 Weeks	€ 0.07
Tea	80 pack	Lyons	Tesco	€ 2.79	1	2 Weeks	€ 0.70
Tinned tomatoes	400g tin	Tesco brand	Tesco	€ 0.29	1	1 Week	€ 1.70
Tuna	185g	Tesco brand	Tesco	€ 0.89	2	1 Week	€ 0.20
Turkey slices	100g	Tesco brand	Tesco	€ 1.89	1	1 Week	€ 0.01
Vinegar	568ml	Tesco brand	Tesco	€ 0.49	1	13 Weeks	€ 0.53
Waffles	1kg box	Tesco brand	Tesco	€ 2.29	1	2 Weeks	€ 0.51
Weetabix	24 box	Weetabix	Tesco	€ 2.25	1	2 Weeks	€ 0.10
Meat							
Chicken fillets	10 pack		Local butchers	€ 10.00	1	2 Weeks	€ 0.06
Mince	2 lbs		Local butchers	€ 5.00	1	1 Week	€ 0.02
Pork chops	4		Local butchers	€ 6.00	1	1 Week	€ 0.27
Rashers	6 pack	Tesco brand	Tesco	€ 2.49	1	1 Week	€ 0.09
Roast bacon/pork	1		Local butchers	€ 6.99	1	1 Week	€ 0.34
Sausages	1 lb		Local butchers	€ 3.00	1	1 Week	€ 0.07
Milk & Bread							
Brown bread	Pan	Brennans	Tesco	€ 1.33	4	1 Week	€ 0.29
Brown rolls	6 pack	Hovis	Tesco	€ 1.25	1	1 Week	€ 0.43

Primary School Age Child

Urban

Food - Two Parent Household

Mar 2011

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Full-fat milk	2 litres	Tesco brand	Tesco	€ 1.19	3	1 Week	€ 0.46
Low-fat milk	2 litres	Tesco brand	Tesco	€ 1.19	4	1 Week	€ 0.22
Scones		Tesco brand	Tesco	€ 0.35	6	1 Week	€ 0.01
White bread	800g pan	Brennans	Tesco	€ 1.33	2	1 Week	€ 0.28
Other							
Indian takeaway			Local takeaway	€ 20.00	1	4 Weeks	€ 0.27
Lunch			Local deli	€ 3.00	1	1 Week	€ 0.65
Male Total							€ 28.43

Primary School Age Child

Urban

Clothing

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Female						
Female - Underwear and nightwear						
Crop tops	Pack of 3	Penny's	Penny's	€ 5.00	2	52 Weeks € 0.14
Pants	Pack of 10	Penny's	Penny's	€ 5.00	4	52 Weeks € 0.28
Socks	Pack of 6	Penny's	Penny's	€ 2.75	6	52 Weeks € 0.23
Pyjamas-heavy		Penny's	Penny's	€ 7.00	2	52 Weeks € 0.20
Pyjamas-light		Penny's	Penny's	€ 4.00	2	52 Weeks € 0.11
Tights	Pack of 2	Penny's	Penny's	€ 2.50	2	52 Weeks € 0.07
Slippers		Penny's	Penny's	€ 5.00	2	52 Weeks € 0.14
Dressing gown		Penny's	Penny's	€ 7.00	1	52 Weeks € 0.10
Female - Coats, jackets						
Winter coat		Dunnes	Dunnes	€ 30.00	2	52 Weeks € 0.84
Light jacket		Dunnes	Dunnes	€ 14.00	1	52 Weeks € 0.20
Rain coat		Dunnes	Dunnes	€ 10.00	1	52 Weeks € 0.14
Female - Main clothing						
Shirt		Penny's	Penny's	€ 6.00	2	52 Weeks € 0.17
Jumpers		Dunnes	Dunnes	€ 8.00	2	52 Weeks € 0.23
Trousers		Dunnes	Dunnes	€ 8.00	2	52 Weeks € 0.23
Jeans		Dunnes	Dunnes	€ 14.00	2	52 Weeks € 0.39
Cardigan		Dunnes	Dunnes	€ 6.00	1	52 Weeks € 0.09
Shorts		Penny's	Penny's	€ 4.00	4	52 Weeks € 0.23
Tracksuit		Penny's	Penny's	€ 12.00	2	52 Weeks € 0.33
Summer dress		Penny's	Penny's	€ 7.00	2	52 Weeks € 0.20
T-shirts		Penny's	Penny's	€ 4.50	6	52 Weeks € 0.38
Swimsuit		Penny's	Penny's	€ 5.00	1	52 Weeks € 0.07
Hat, scarf & glove set		Penny's	Penny's	€ 6.00	1	52 Weeks € 0.09
Sun hat		Penny's	Penny's	€ 3.00	1	52 Weeks € 0.04

Primary School Age Child

Urban

Clothing

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Skirt	Penny's	Penny's	€ 7.00	2	52 Weeks	€ 0.20
Female - Footwear						
Sandals	Penny's	Penny's	€ 6.00	2	52 Weeks	€ 0.17
Shoes	Dunnes	Dunnes	€ 18.00	2	52 Weeks	€ 0.50
Boots	Dunnes	Dunnes	€ 20.00	1	52 Weeks	€ 0.28
Trainers		Shoezone	€ 15.00	3	52 Weeks	€ 0.63
Female - Personal						
Hairslides	Mult pack	Poundworld	€ 3.00	1	52 Weeks	€ 0.04
Female Total						€ 6.71

Male

Male - Underwear and nightwear									
Vests	Pack of 4	Penny's	Penny's	€	4.00	2	52 Weeks	€	0.11
Pants	Pack of 10	Penny's	Penny's	€	5.00	1	52 Weeks	€	0.07
Socks	Pack of 6	Penny's	Penny's	€	3.00	2	52 Weeks	€	0.09
Pyjamas		Penny's	Penny's	€	7.00	2	52 Weeks	€	0.20
Slippers		Penny's	Penny's	€	6.00	1	52 Weeks	€	0.09
Dressing gown		Penny's	Penny's	€	8.00	1	104 Weeks	€	0.05
Male - Coats, jackets									
Winter coat		Dunnes	Dunnes	€	25.00	1	52 Weeks	€	0.35
Light casual jacket		Dunnes	Dunnes	€	12.00	1	52 Weeks	€	0.17
Male - Main clothing									
Jumpers		Dunnes	Dunnes	€	12.00	3	52 Weeks	€	0.50
Trousers		Dunnes	Dunnes	€	12.00	3	52 Weeks	€	0.50
Tracksuit		Dunnes	Dunnes	€	14.00	3	52 Weeks	€	0.59
T-shirts		Penny's	Penny's	€	5.00	6	52 Weeks	€	0.42
Shorts		Penny's	Penny's	€	9.00	3	52 Weeks	€	0.38

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Clothing

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Swimsuit	Penny's	Penny's	€ 6.00	1	52 Weeks	€ 0.09
Hat, scarf & glove set	Penny's	Penny's	€ 6.00	1	52 Weeks	€ 0.09
Football jersey		Lifestyle	€ 30.00	1	52 Weeks	€ 0.42
Baseball cap	Penny's	Penny's	€ 2.00	1	52 Weeks	€ 0.03
Male - Footwear						
Leather shoes		Shoezone	€ 14.95	1	52 Weeks	€ 0.21
Trainers	Dunnes	Dunnes	€ 16.00	1	52 Weeks	€ 0.23
Trainers		Lifestyle	€ 30.00	2	52 Weeks	€ 0.84
Football boots		Lifestyle	€ 35.00	1	52 Weeks	€ 0.49
Male - Personal						
Child's Backpack	Dunnes	Dunnes	€ 8.00	1	52 Weeks	€ 0.11
Male Total						€ 6.01

Primary School Age Child

Urban

Personal Care

Mar 2011

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Female							
Female - Personal Hygiene							
Soap	Pack of 4	Tesco lemon	Tesco	€ 1.90	1	4 Weeks	€ 0.11
Toothpaste	75ml tube	Colgate kids	Tesco	€ 2.69	1	4 Weeks	€ 0.32
Toothbrush			Tesco	€ 2.59	1	13 Weeks	€ 0.14
Shampoo	300ml	Tesco brand	Tesco	€ 0.99	1	1 Week	€ 0.16
Shower gel	400ml	Tesco brand	Tesco	€ 1.64	1	1 Week	€ 0.39
Bubble bath	500ml	Tesco brand	Tesco	€ 1.65	1	4 Weeks	€ 0.18
Headlice lotion		Lyclear	Local chemist	€ 6.49	2	52 Weeks	€ 0.24
Haircut			Local hairdresser	€ 9.00	1	26 Weeks	€ 1.07
Female Total							€ 2.61

Male

Male - Personal Hygiene							
Soap	Pack of 4	Tesco lemon	Tesco	€ 1.90	1	4 Weeks	€ 0.13
Toothpaste	75ml tube	Colgate kids	Tesco	€ 2.69	1	4 Weeks	€ 0.32
Toothbrush			Tesco	€ 1.89	1	13 Weeks	€ 0.14
Shampoo	300ml	Tesco brand	Tesco	€ 0.99	1	1 Week	€ 0.20
Conditioner	300ml	Tesco brand	Tesco	€ 1.12	1	2 Weeks	€ 0.09
Shower gel	400ml	Tesco brand	Tesco	€ 1.64	1	1 Week	€ 0.32
Bubble bath	500ml	Tesco brand	Tesco	€ 1.65	1	4 Weeks	€ 0.18
Headlice lotion		Lyclear	Local chemist	€ 6.49	2	52 Weeks	€ 0.24
Haircut			Local hairdresser	€ 9.00	1	8 Weeks	€ 1.07
Male Total							€ 2.68

Primary School Age Child

Urban

Health

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Female						
Female - Over the counter health items						
Waterproof plasters	Tesco brand	Tesco	€ 2.19	2	52 Weeks	€ 0.02
Cough mixture 125ml	Benalin	Local chemist	€ 5.64	2	52 Weeks	€ 0.06
Lemsip	Lemsip	Local chemist	€ 3.39	1	26 Weeks	€ 0.05
Female - Main Care						
† GP		Local doctor		2	52 Weeks	€ 1.13
† Dentist		Local dentist		1	52 Weeks	€ 0.63
† Prescriptions		Pharmacy		2	52 Weeks	€ 0.64
Female Total						€ 2.54
Male						
Male - Over the counter health items						
Waterproof plasters	Tesco brand	Tesco	€ 2.19	2	52 Weeks	€ 0.02
Cough mixture 125ml	Benalin	Local chemist	€ 5.64	2	52 Weeks	€ 0.08
Calpol six plus 70ml	Calpol	Local chemist	€ 4.42	1	52 Weeks	€ 0.11
Male - Main Care						
† GP		Local doctor		2	52 Weeks	€ 1.13
† Dentist		Local dentist		1	52 Weeks	€ 0.63
† Prescriptions		Pharmacy		2	52 Weeks	€ 0.64
Male Total						€ 2.60

† Items are those which were re-priced / newly added in December 2009

Primary School Age Child

Urban

Household Goods

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Bedroom and bathroom furniture						
Single bed		Bargaintown	€ 110.00	1	624 Weeks	€ 0.15
Single mattress		Bargaintown	€ 89.00	1	520 Weeks	€ 0.15
Chest of drawers		Bargaintown	€ 89.00	1	780 Weeks	€ 0.10
Bedside locker		Bargaintown	€ 49.00	1	780 Weeks	€ 0.06
Wardrobe		Bargaintown	€ 199.00	1	780 Weeks	€ 0.23
Floor Coverings						
Bedroom Carpet		Des Kelly	€ 165.34	1	520 Weeks	€ 0.31
Textiles and soft furnishings:						
Single duvet- heavy tog		Guineys	€ 10.99	1	520 Weeks	€ 0.02
Single duvet- light tog		Guineys	€ 7.99	1	520 Weeks	€ 0.01
Single quilt cover & 1 pillowcase		Kavanaghs	€ 10.00	3	260 Weeks	€ 0.10
Single fitted sheets		Kavanaghs	€ 6.99	3	260 Weeks	€ 0.07
Pillows	Set of two	Kavanaghs	€ 10.00	1	104 Weeks	€ 0.09
Handtowels		Kavanaghs	€ 2.00	2	260 Weeks	€ 0.01
Face cloths	Pair	Kavanaghs	€ 2.00	1	52 Weeks	€ 0.01
Bath towels		Kavanaghs	€ 5.00	2	260 Weeks	€ 0.02
Bedroom net curtain		Duffys	€ 9.00	2	624 Weeks	€ 0.03
Bedroom blind		Guineys	€ 25.00	1	624 Weeks	€ 0.04
Curtain track and fittings for bedrooms	4 feet	Guineys	€ 14.00	1	1,040 Weeks	€ 0.01
Lampshades		Roches	€ 4.95	1	780 Weeks	€ 0.01
Miscellaneous household items						
Light bulbs	60 watt (10 pack)	Tesco	€ 2.89	1	52 Weeks	€ 0.01
Suitcase	Dunnes (27")	Dunnes	€ 45.00	3	520 Weeks	€ 0.08
Birthday cards	Pack of 3	Poundworld	€ 2.50	2	52 Weeks	€ 0.01
Christmas cards	Box of 20	Poundworld	€ 2.00	2	52 Weeks	€ 0.01
Other occasion cards	Pack of 3	Poundworld	€ 2.50	2	52 Weeks	€ 0.01

Primary School Age Child

Urban

Household Goods

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Sellotape		Poundworld	€ 1.50	1	52 Weeks	€ 0.00
Pens	Pack of 10	Poundworld	€ 3.00	1	52 Weeks	€ 0.01
Cleaning & household maintenance						
Toilet paper	Tesco ecosoft (12)	Tesco	€ 5.99	1	1 Week	€ 1.32
Washing powder	Aerial non-bio (3.3kg)	Tesco	€ 10.29	1	2 Weeks	€ 1.07
Refuse sacks	Killeen (40)	Tesco	€ 5.89	1	6 Weeks	€ 0.07
Paint, roller set, 9"		Homebase	€ 5.99	1	260 Weeks	€ 0.00
Paint brushes, 5 set		Woodies DIY	€ 9.99	1	260 Weeks	€ 0.01
Paint, emulsion	Dulux (3.5 litre)	Woodies DIY	€ 30.80	6	260 Weeks	€ 0.10
Paint, gloss	Dulux (3.5 litre)	Woodies DIY	€ 40.88	6	260 Weeks	€ 0.14
Total						€ 4.24

Primary School Age Child

Urban

Social Inclusion

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Female						
Exercise / Sport Activities						
Swimming		Local swimming pool	€ 2.50	12	52 Weeks	€ 0.58
Dancing		Local hall	€ 6.00	1	1 Week	€ 4.49
Family Outings						
Cinema		Vue Cinema	€ 6.30	3	52 Weeks	€ 0.36
Pantomime		The Gaiety	€ 25.00	1	52 Weeks	€ 0.48
Family meal	Kids meal	Mc Donald's	€ 3.50	3	52 Weeks	€ 0.20
10 year old party invitation			€ 10.00	6	52 Weeks	€ 1.15
10 year old birthday party			€ 30.00	1	52 Weeks	€ 0.58
Holiday						
Dublin-Waterford	Child return	Irish rail	€ 14.50	2	52 Weeks	€ 0.28
Spending money			€ 300.00	1	52 Weeks	€ 2.40
Waterford-Tramore	Child return	Bus Eireann	€ 3.00	1	52 Weeks	€ 0.06
Household Items						
Booth photographs		Local chemist	5. 00	1	260 Weeks	€ 0.02
Toys						
Colouring book		Smyths	€ 1.00	2	52 Weeks	€ 0.04
Markers		Smyths	€ 2.99	1	52 Weeks	€ 0.06
Bike		Smyths	€ 109.99	1	260 Weeks	€ 0.42
Console game	Sony Playstation	Smyths	€ 40.00	1	52 Weeks	€ 0.77
Games Console (Inc pack with 2 games)	Sony Playstation & 2 C	Smyths	€ 189.99	1	260 Weeks	€ 0.73
Rollerblades		Smyths	€ 29.99	1	156 Weeks	€ 0.19
Skipping rope		Poundworld	€ 2.00	1	156 Weeks	€ 0.01
Jigsaws		Poundworld	€ 2.00	2	52 Weeks	€ 0.08
Helmet		Smyths	€ 14.99	1	260 Weeks	€ 0.06
Pocket money, 10 yr old			€ 2.00	1	1 Week	€ 2.00

Primary School Age Child

Urban

Social Inclusion

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Female Total						€ 14.94

Male

Exercise / Sport Activities						
Football laces		Poundworld	€ 2.00	1	52 Weeks	€ 0.04
Football socks		Lifestyle	€ 6.00	2	52 Weeks	€ 0.12
Swimming: boy, 10		Local swimming pool	€ 2.50	12	52 Weeks	€ 0.58
Football: boy, 10		Local football club	€ 5.00	1	1 Week	€ 3.74
Family Outings						
Cinema		Vue Cinema	€ 6.30	3	52 Weeks	€ 0.36
Pantomime		The Gaiety	€ 25.00	1	52 Weeks	€ 0.48
Family meal	Kids meal	Mc Donald's	€ 3.50	3	52 Weeks	€ 0.20
Dublin zoo: boy, 10	Child's ticket	Dublin Zoo	€ 9.00	1	52 Weeks	€ 0.17
10 year old party invitation			€ 10.00	6	52 Weeks	€ 1.15
10 year old birthday party			€ 30.00	1	52 Weeks	€ 0.58
Holiday						
Dublin-Waterford	Child return	Irish rail	€ 14.50	2	52 Weeks	€ 0.28
Spending money			€ 300.00	1	52 Weeks	€ 2.40
Waterford-Tramore	Child return	Bus Eireann	€ 3.00	1	52 Weeks	€ 0.06
Household Items						
Booth photographs		Local chemist	5. 00	1	260 Weeks	€ 0.02
Toys						
Colouring book		Smyths	€ 1.00	2	52 Weeks	€ 0.04
Markers		Smyths	€ 2.99	1	52 Weeks	€ 0.06
Console game	Sony Playstation	Smyths	€ 40.00	1	52 Weeks	€ 0.77
Games Console (Inc pack with 2 games)	Sony Playstation & 2 C	Smyths	€ 189.99	1	260 Weeks	€ 0.73
Jigsaw		Poundworld	2. 00	2	52 Weeks	€ 0.08

Primary School Age Child

Urban

Social Inclusion

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Bike		Smyths	109.99	1	260 Weeks	€ 0.42
Helmet		Argos	14.99	1	260 Weeks	€ 0.06
Rollerblades		Smyths	29.99	1	156 Weeks	€ 0.19
Football		Smyths	6.99	1	52 Weeks	€ 0.13
Pocket money, 10 yr old			€ 2.00	1	1 Week	€ 2.00
Male Total						€ 14.64

Primary School Age Child

Urban

Education

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Female						
Uniforms						
Skirt		The Top Shop	€ 12.00	1	52 Weeks	€ 0.17
Trousers		The Top Shop	€ 18.50	1	52 Weeks	€ 0.26
Shirt		The Top Shop	€ 6.00	2	52 Weeks	€ 0.17
Jumper		The Top Shop	€ 25.00	1	52 Weeks	€ 0.35
Tie		The Top Shop	€ 3.00	1	52 Weeks	€ 0.04
School tracksuit		The Top Shop	€ 32.00	1	52 Weeks	€ 0.45
Polo T-shirt		The Top Shop	€ 10.00	1	52 Weeks	€ 0.14
Shoes		Shoezone	€ 14.99	1	52 Weeks	€ 0.21
Tights	Pack of two	Dunnes	€ 2.50	2	52 Weeks	€ 0.07
Socks	Pack of five	Dunnes	€ 3.00	2	52 Weeks	€ 0.09
Books, Stationary, etc.						
School bag		Lifestyle	€ 20.00	1	104 Weeks	€ 0.21
Ball point pen's	Pack of ten	Poundworld	€ 3.00	1	52 Weeks	€ 0.07
Felt tip pens	Pack of five	Poundworld	€ 2.00	1	52 Weeks	€ 0.04
Pencils with erasers	Pack of two	Poundworld	€ 2.00	1	52 Weeks	€ 0.04
Ruler		Tesco	€ 0.49	1	52 Weeks	€ 0.01
Erasers	Pack	Poundworld	€ 1.00	1	52 Weeks	€ 0.02
Pencil sharpener		Poundworld	€ 0.50	1	52 Weeks	€ 0.01
Pencil case		Poundworld	€ 2.00	1	104 Weeks	€ 0.02
Lunch box		Tesco	€ 1.49	1	260 Weeks	€ 0.01
School Books						
Alive O 6		Local book	€ 10.10	1	52 Weeks	€ 0.21
Alive O 6 workbook		Local book shop	€ 3.75	1	52 Weeks	€ 0.08
Blue Skies activity book		Local book shop	€ 13.18	1	52 Weeks	€ 0.27
Write on follow up		Local book shop	€ 4.30	1	52 Weeks	€ 0.09

Primary School Age Child

Urban

Education

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
My spelling workbook		Local book shop	€ 4.95	1	52 Weeks	€ 0.11
Earthlink		Local book shop	€ 12.50	1	52 Weeks	€ 0.26
Maith Thu 4		Local book shop	€ 15.50	1	52 Weeks	€ 0.33
Mo Leabhairin Fein		Local book shop	€ 5.80	1	52 Weeks	€ 0.12
Mathmagic 4		Local book shop	€ 13.30	1	52 Weeks	€ 0.28
Shadow book 4		Local book shop	€ 5.25	1	52 Weeks	€ 0.11
Table book		Local book shop	€ 1.50	1	52 Weeks	€ 0.03
Music box 4 activity book		Local book shop	€ 7.75	1	52 Weeks	€ 0.16
Journal		Local school	€ 2.00	1	52 Weeks	€ 0.04
Copies		Local school	€ 0.35	12	52 Weeks	€ 0.09
Photocopying		Local school	€ 25.00	1	52 Weeks	€ 0.53
Other Education Costs						
Education trips		Local school	€ 5.00	2	52 Weeks	€ 0.24
School trips		Local school	€ 20.00	1	52 Weeks	€ 0.48
School sponsorship	Optional	Local school		1	52 Weeks	€ -
School concert	Free	Local school	€ -	1	52 Weeks	€ -
Female Total						€ 5.83

Male

Uniforms						
Trousers		Top Shop	€ 14.00	2	52 Weeks	€ 0.39
Jumper		Top Shop	€ 19.00	2	52 Weeks	€ 0.53
Shirt		Top Shop	€ 6.00	2	52 Weeks	€ 0.17
Tie		Top Shop	€ 3.00	1	52 Weeks	€ 0.04
School tracksuit		Top Shop	€ 30.00	1	52 Weeks	€ 0.42
Polo neck T-shirt		Top Shop	€ 6.00	1	52 Weeks	€ 0.09
Socks	Pack of five	Dunnes	€ 3.00	2	52 Weeks	€ 0.09

Primary School Age Child

Urban

Education

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Shoes		Shoezone	€ 14.95	1	52 Weeks	€ 0.21
Books, Stationary, etc.						
School bag	Nike	Lifestyle	€ 20.00	1	52 Weeks	€ 0.43
Ball point pens	Pack of ten	Poundworld	€ 3.00	1	52 Weeks	€ 0.07
Felt tip pens	Pack of five	Poundworld	€ 2.00	1	52 Weeks	€ 0.04
Pencils with erasers	Pack of ten	Poundworld	€ 2.00	1	52 Weeks	€ 0.04
Ruler		Tesco	€ 0.49	1	52 Weeks	€ 0.01
Erasers	Pack of two	Poundworld	€ 1.00	1	52 Weeks	€ 0.02
Pencil sharpener		Poundworld	€ 0.50	1	52 Weeks	€ 0.01
Pencil case		Poundworld	€ 2.00	1	52 Weeks	€ 0.04
Lunch box		Tesco	€ 1.49	1	52 Weeks	€ 0.03
School Books						
Alive O 6		Local bookshop	€ 10.10	1	52 Weeks	€ 0.21
Alive O 6 Workbook		Local bookshop	€ 3.75	1	52 Weeks	€ 0.08
Blue Skies activity book		Local	€ 13.18	1	52 Weeks	€ 0.27
Write on follow up		Local	€ 4.30	1	52 Weeks	€ 0.09
My spelling workbook		Local	€ 4.95	1	52 Weeks	€ 0.11
Earthlink		Local	€ 12.50	1	52 Weeks	€ 0.26
Maith Thu 4		Local	€ 15.50	1	52 Weeks	€ 0.33
Mo Leabhairin Fein		Local	€ 5.80	1	52 Weeks	€ 0.12
Mathmagic 4		Local	€ 13.30	1	52 Weeks	€ 0.28
Shadow book 4		Local	€ 5.25	1	52 Weeks	€ 0.11
Table book		Local	€ 1.50	1	52 Weeks	€ 0.03
Music box 4 activity book		Local	€ 7.75	1	52 Weeks	€ 0.16
Journal		Local school	€ 2.00	1	52 Weeks	€ 0.04
Copies		Local school	€ 0.35	12	52 Weeks	€ 0.09
Photocopying		Local school	€ 25.00	1	52 Weeks	€ 0.53

Primary School Age Child

Urban

Education

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Other Education Costs						
Education trips		Local school	€ 5.00	2	52 Weeks	€ 0.24
School trips		Local school	€ 20.00	1	52 Weeks	€ 0.49
School sponsorship	Optional	Local school		1	52 Weeks	€ -
School concert	Free	Local school	€ -	1	52 Weeks	€ -
Homework club	Free	Local school	€ -	4	1 Week	€ -
Male Total						€ 6.08

Primary School Age Child

Urban

Transport

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Public Transport						
Bus fare	Dublin Bus		€ 2.50	1	1 Week	€ 2.66
Total						€ 2.66

Primary School Age Child

Urban

Childcare

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Part-time scenario						
Part-time childcare	3 months of year	Relative / Friend	€ 50.00	1	1 Week	€ 12.91
Total						€ 12.91
Employed Full-Time						
Full-time childcare	20 hours per week	Relative / Friend	€ 50.00	1	1 Week	€ 51.64
Total						€ 51.64

Primary School Age Child

Urban

Insurance

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
‡ Private Health Insurance	Healthcare Manager S	Quinn	€ 275.40	1	52 Weeks	€ 5.30
Total						€ 5.30

‡ Indicates items which were re-priced / newly added in March 2011

Primary School Age Child

Urban

Savings & Contingencies

Mar 2011

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
‡ Savings			€ 5.00	1	1 Week	€ 5.00
Total						€ 5.00

‡ Indicates items which were re-priced / newly added in March 2011